


10 Things to do over Winter Break



Hello and congratulations for making it through the fall hopefully with flying colors. Now it's time for a bit of a brain break, AND a great time to check in with yourself on how things are coming on the college front. While I am a big fan of students taking a few days to sleep in, watch Netflix, and recharge~ I am also a big fan of using breaks and days off to get ahead in your college journey. Here are some things you can do over winter break:

1. Deep dive research an extra college
2. Take this quiz at My Majors.com
<https://www.mymajors.com/college-major-quiz/>
3. Take a virtual tour of a college and make some notes
4. Read about the 40 Colleges that Change Lives www.ctcl.org
5. Drive to a local campus and walk around
6. Take a practice ACT or SAT
7. Set up an informational interview with a professional in one of your high interest career areas
8. Set a goal for increased academic engagement this winter and spring
9. Research and sign up for a volunteer opportunity in your community
10. Do a 10-minute writing prompt

Basically it's just a good idea to keep moving the train forward in one way or another. Spring term tends to get really busy especially for sophomores and juniors taking advanced classes, AP tests, and potentially an ACT or SAT. So, it makes sense to do some research and foundational tasks now, while you have the time.

And also relax a bit,
 you deserve it!!